



**End in Mind**

## TED Talk

### Emily Levine: *How Do We Make Peace With Death When it is Imminent?*

1. Emily Levine is so positive in the midst of Stage 4 Lung Cancer. She attributes her attitude to an understanding of quantum physics and how science defines reality. Even without a working understanding of these theories, she explains that death is a natural part of the way the universe works, which is part of why she is comfortable with her diagnosis. Have you ever found comfort in how science applies to something scary in your life?
2. Levine spends a lot of her TED Talk discussing how reality is the interaction of two things, most importantly, life and death. She discusses the mindset of people who are out to defeat death, and questions how you defeat death without killing off life. How does this comparison strike you? Have you found yourself using language around defeating death? What are the repercussions of using language like this if you use Levine's argument that defeating death is killing off life?
3. While incredibly grateful for life, Levine doesn't want to be immortal. She likes the idea of being in sync with the universe, encompassing the generation, degeneration, regeneration of the universe. If you had the option of being immortal or following the theories of the universe, which would you choose and why?
4. She feels like her life has been enriched, she has taken the gift of life and lived it to her fullest. She has created new relationships, had many amazing interactions, and hopes that others can understand why she lives life this way. What are some of the reality interactions you've experienced, and what are some of the relationships that you cherish?